GOLD
MONKATIKEN

Gold
MONIKA TIKEN

1. The Opening

2. Silver

Sister of Gold – The opposite (of Gold) and still the same – Open, trusting – Silences, nothingness – Pure – Moving stillness

3. Erinnerig

Ein Schritt witer und scho isch's verbi
Das wo mal isch gsi
Ich heben fescht und glaube dra
Dass de Moment mich nie wird verlah

Es isch d'Erinnerig wo immer blibt
Es isch d'Erinnerig vo eusre Ziit
Es isch d'Erinnerig wo immer schtaht
Es isch d'Erinnerig wo nie gaht

Farbigi Bilder
Rased links und rechts verbi uf mim Weg

Es paar nimi mit, die andere lani da
Ich hebes fescht und glaube dra
Dass die Farbe für immer sind da

Es isch d'Erinnerig wo immer blibt
Es isch d'Erinnerig vo eusre Ziit
Es isch d'Erinnerig wo immer schtaht
Es isch d'Erinnerig wo nie gaht
Mini Erinnerig wo immer blibt
Mini Erinnerig vo eusre Ziit
Mini Erinnerig wo immer schtaht
Mini Erinnerig wo nie gaht

4. Gold

The beginning of a new phase – Opening up to creativity and approving of it – How irregular rhythms become round – The center that holds everything together – Secure, safe, calm

5. Heart of Stone

A 1000 words
A 1000 tears
A 1000 times
All over again
Hands to shake
Doors to break
I'm here to take no more

Heart of Stone
Heart of Stone

Unchangeable misery
Trail of mistery
Melodies of truth
Beyound our reach
Running away
Stopping to see
Running away
Will not help me
Children see

With their hearts
It's time to breathe

Heart of Stone
Heart of Stone (2 times)

Heart of Stone
Energy of emotions
Heart of Stone
New trails are
welcoming me
Heart of Stone
Transforming platform
Heart of Stone
Crystal clear
I am gone

6. Time

She's walking alone down the street
Red coat on, a smile to greet
The day that stretches ahead of her
The time has come
The pieces that are missing still
In her picture of life until
Timeless thoughts are in order
Their time has come

Turn the light on her now
For everyone to see
That the time is just right
For who she wants to be

He's in love with a girl from the neighbourhood
For many years he knew he should
Open his heart and let her know
The time has come

Turn the light on him now
For everyone to see
That the time is just right
For who he wants to be

The little girl with braided hair
Came home from school, nobody's there
To listen to her needs, give loving care
The time has come

Turn the light on her now
For everyone to see
That the time is just right
For who she wants to be

7. Bi mir

Gold zum Verschenke
Vo de Liebi ablänke
Ganz ruig im Innere
D'Oberflächi glitzered charmant

Ich chume a bi mir, s'isch ganz klar dank dir
Ich chume a bi mir, und da blibeni

Links und rechts en Boge
Mängisch au verzoge uf mim Weg
Wegwieser zum blaue See
D'Verantwortig wird verschobe

Ich chume a bi mir, d'Sicht isch ganz klar dank dir
Ich chume a bi mir, und da blibeni

Ich chume a bi mir, ich gseh ganz klar dank dir
Ich chume a bi mir, und da blibeni

ide chräftige Schtilli
De hüpfende Gerechtigkeit
Die silbrigi Schtrass
Füert zrugg zum goldige Afang

8. Blue

Meditation
The Opening End

Thanks to all the wonderful people who have been supporting me on my path. Especially: **Sadiya, Yasmine, Alex, Rosmarie, and Fredi**

Monika Tiken
Piano, Soprano Saxophone
Alex Wilson
Piano (Time)
Beatrice Kümin
Vocals
Sadiya Tiken
Backing Vocals (Erinnerig)
Yasmine Tiken
Backing Vocals (Erinnerig)
Andrea Sutter
Cello
Lisa Scannell
Bass
Edwin Sanz
Percussion

Recorded by Martin Eigenmann, Edwin Sanz, Lisa Scannell
Produced by Alex Wilson, Monika Tiken
Mixed by Jeannot Steck
Mastered by Dan Suter
Photography: Bettina Wirth
Artwork: Eva Wischnitzky, Monika Tiken
Design: Nina Hug

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2. Silver
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6. Time
7. Bi mir
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All songs written and arranged by Monika Tiken
(except Time: D. Domide, M. Brandenberger,
L. Kopka, I. Shéhade and M. Tiken)

S U I S A ®

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